

Church Lane Dental Practice

Instructions for Patients Receiving Dentures

A great deal of care and skill has been used in the production of the denture(s) which you have received. To enable you to learn to use the denture(s) as quickly as possible, get the greatest benefit from them, you are asked to note the following advice:-

Home care

- (1) Eating may be difficult at first. Cut your food into small pieces and take your time chewing. Avoid tough and sticky foods over the learning period.
- (2) Remove your dentures and clean them after each meal. A soft brush with soap and cold water are satisfactory for cleaning. Alternatively, a proprietary denture cleaner may be used following manufacturers instructions. Rinse the mouth thoroughly with warm water before replacing the dentures.
- (3) Wear the denture(s) night and day, removing them only for cleaning. (you will be advised when you can begin to leave your denture(s) out at night.
- (4) Pain and soreness sometimes occurs with new dentures and adjustments may be required. Arrange an appointment to see your dentist as soon as possible. Do not attempt to adjust the denture(s) yourself.
- (5) Your denture(s) will become progressively looser as time goes by because of changes taking place in your mouth as healing proceeds. Your dentist will advise when the time has come for the dentures to be relined or remade to restore their fit.

Signed.....Date.....